

# North Star BHS – Psychiatric Nursing Essentials CME Activity

## Disclosure to Audience

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No one involved in the planning or presentation of this activity has any relevant financial relationships with a commercial interest to disclose

### **The following are North Star Behavioral Health’s Content Controllers:**

*Peter Alward, MSN, RN, ANP - Presenter*

Dr. Andy Mayo, CEO

Dr. Ruth Dukoff, System Medical Director

Lori Hoffman, QIRM Director

Denise Gleason, CME Coordinator

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Dr. Manuel Rodriguez

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#### **Education Committee:**

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Colette Moring, Clinical Community Liaison

# North Star BHS — CME Activity Course Evaluation Form

**Date:** May 6, 2016

**Agency/Location:** North Star Behavioral Health, Anchorage

**Event:** Psychiatric Nursing Essentials

**Presenter(s):** Peter Alward, MSN, RN, ANP, Good Samaritan Psychiatric Services

Your comments are very important to us. Please give us your opinion about the program sessions:

**Afternoon: 12:00 noon–3:00pm / Evening: 4:00pm–7:00pm –**

**Three segments will cover:**

- **Completing a Comprehensive Health Assessment;**
- **Basic Principles of Psychotropic Medications;**
- **How to Administer AIMS Test**

At the conclusion of this activity, participants should be able to:	Not at All	Slightly	Moderately	Mostly	Completely
Apply the basics of therapeutic relationships, self-management skills and therapeutic communication techniques					
Identify and utilize in their practice the major groups of psychiatric medication					
Recognize and better manage extrapyramidal symptoms					
Be better prepared to evaluate and coordinate treatment of extrapyramidal symptoms					
Be prepared to demonstrate skill in performing and documenting an AIMS screening and appropriate documentation and follow-up					

Was the presentation commercially biased in any manner?

Yes ( ) No ( )

Based on this activity, what will you do differently in your practice? \_\_\_\_\_

Please indicate your response to the following questions by marking the appropriate number from 1-6, where 1 indicates strong disagreement and 6 indicates strong agreement.

- |                                                             |   |   |   |   |   |   |
|-------------------------------------------------------------|---|---|---|---|---|---|
| 1. The overall quality of today's sessions was excellent.   | 1 | 2 | 3 | 4 | 5 | 6 |
| 2. Today's sessions were relevant/valuable to my practice.  | 1 | 2 | 3 | 4 | 5 | 6 |
| 3. These presentations added to my clinical knowledge base. | 1 | 2 | 3 | 4 | 5 | 6 |

**North Star Behavioral Health designates this live activity for a maximum of 3.0 AMA PRA Category 1 credit(s). Participants should claim only the credit commensurate with the extent of their participation in the activity.**