

**DOMESTIC VIOLENCE
AWARENESS MONTH**

“Lets Talk Prevention”

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Disclosure to Audience

No one involved in the planning or presentation of this activity has any relevant financial relationships with a commercial interest to disclose

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Children See video

DOMESTIC VIOLENCE AWARENESS MONTH

Definition:

“We define domestic violence as a pattern of abusive behavior in any relationship that is used by one partner to gain or maintain power and control over another intimate partner. Domestic violence can be physical, sexual, emotional, economic, or psychological actions or threats of actions that influence another person. This includes any behaviors that intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure, or wound someone.”

*United States Department of Justice

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Who?

- ⊙ Domestic violence can happen to anyone regardless of race, age, sexual orientation, religion, or gender.
- ⊙ All people of all socioeconomic backgrounds and education levels.
- ⊙ Occurs in both opposite-sex and same-sex relationships.
- ⊙ Can happen to intimate partners who are married, living together, or dating.

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Where?

- ⊙ Home
- ⊙ School
- ⊙ Community
- ⊙ State
- ⊙ Country

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What does Domestic Violence look like?

- ◎ **Physical Abuse:** Hitting, slapping, shoving, grabbing, pinching, biting, hair pulling, etc are types of physical abuse. This type of abuse also includes denying a partner medical care or forcing alcohol and/or drug use upon him or her.

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What does Domestic Violence look like?

- ◎ **Sexual Abuse:** Coercing or attempting to coerce any sexual contact or behavior without consent. Sexual abuse includes, but is certainly not limited to, marital rape, attacks on sexual parts of the body, forcing sex after physical violence has occurred, or treating one in a sexually demeaning manner.

*United States Department of Justice

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What does Domestic Violence look like?



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What does Domestic Violence look like?

- ⦿ **Economic Abuse:** Is defined as making or attempting to make an individual financially dependent by maintaining total control over financial resources, withholding one's access to money, or forbidding one's attendance at school or employment.

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What does Domestic Violence look like?

- ◎ **Psychological Abuse:** Elements of psychological abuse include - but are not limited to - causing fear by intimidation; threatening physical harm to self, partner, children, or partner's family or friends; destruction of pets and property; and forcing isolation from family, friends, or school and/or work.

*United States Department of Justice

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1 in 10 women and nearly 1 in 25 men have experienced rape, physical violence, or stalking by an intimate partner and missed at least one day of work or school as a result of these or other forms of intimate partner violence in that relationship.

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How?

◎ Domestic violence affects:

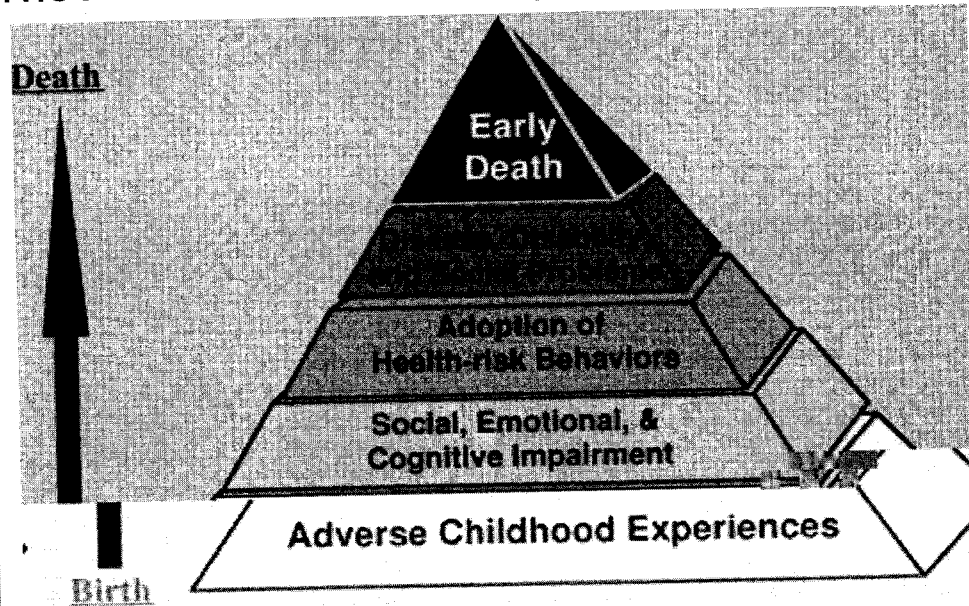
- Family members
- Friends
- Co-workers
- Witnesses
- Community



DOMESTIC VIOLENCE

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The Adverse Childhood Experiences Study



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Current Events:

- ◎ NFL(National Football League) Goodell
 - NFL Commissioner Roger Goodell: 'We will get our house in order' in handling of domestic violence".
- ◎ MLB (Major League Baseball) Bud Selwig
 - "Yes, it has been discussed, because we're sensitive to all issues," MLB Commissioner.

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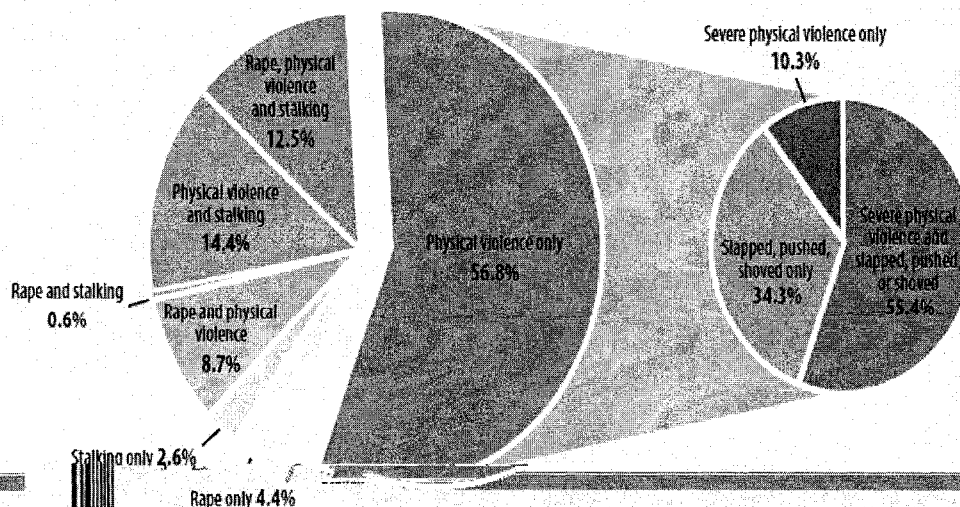
Nearly 1 in 9 women
and more than 1 in
48 men in the U.S.
have experienced
stalking by an
intimate partner at
some point in their
lives in which they
felt very fearful or
believed that they

**Domestic Violence
Awareness Month**

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Figure 2.8

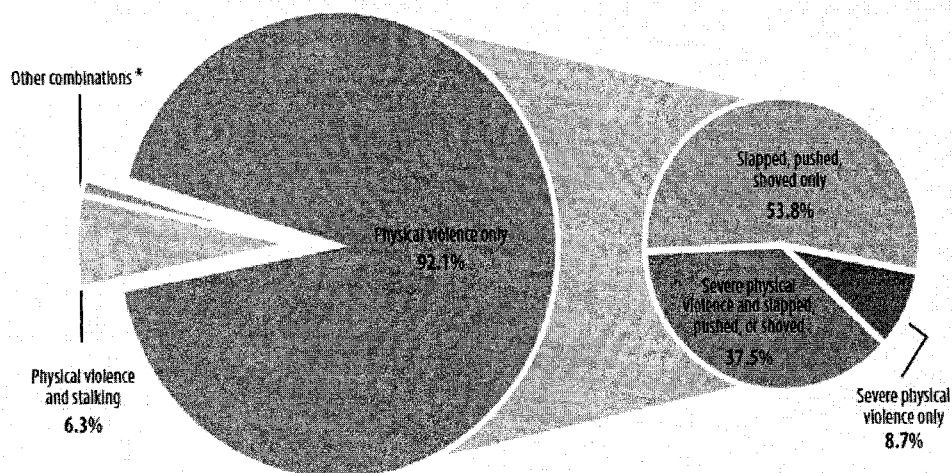
Overlap of Lifetime Intimate Partner Rape, Physical Violence, and Stalking among Women — NISVS 2010



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Figure 2.9

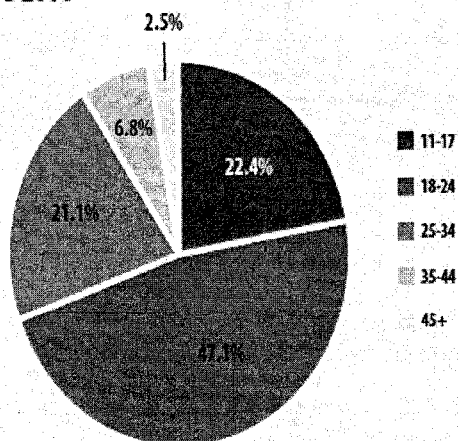
Overlap of Lifetime Intimate Partner Rape, Physical Violence, and Stalking among Men — NISVS 2010



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Figure 6.2

Age at Time of First IPV¹ among Female Victims of Rape, Physical Violence, or Stalking by an Intimate Partner — NISVS 2010

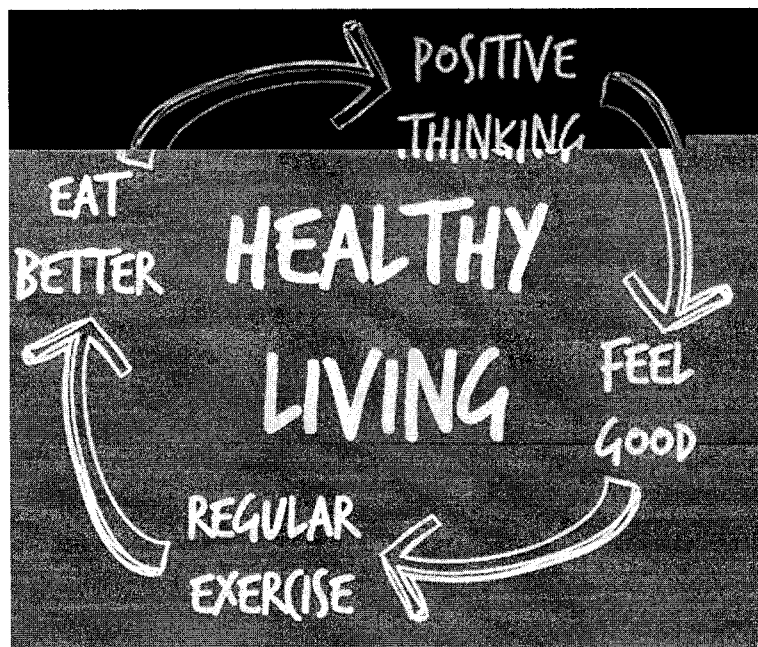


1 in 5 women and 1 in 7 men who ever experienced rape, physical violence, or stalking by an intimate partner first experienced some form of intimate partner violence between 11 and 17 years of age.

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When? Now

◉ Early intervention is the key

■ Home

- ◉ Keep your home free from violence
- ◉ Teach children early about conflict resolution
- ◉ Build resiliency skills and minimize impact

■ School

- ◉ Recognize the signs
- ◉ Talk about it
- ◉ Report it

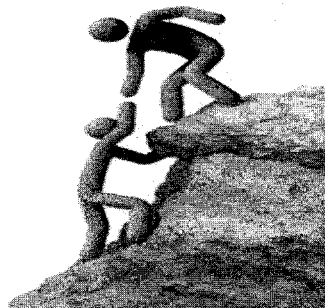
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When? Now

◉ Early intervention is the key

■ Community:

- ◉ Ask the question
- ◉ See it, Stop it: Bystander
- ◉ Report it
- ◉ Take a stand
- ◉ Know what to look for



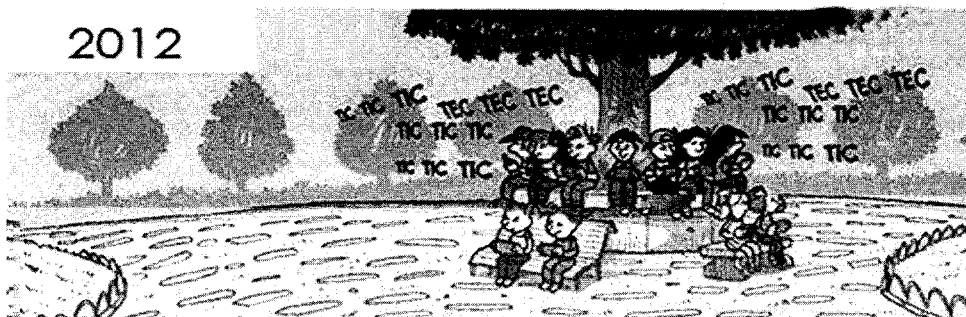
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◉ Strategy:

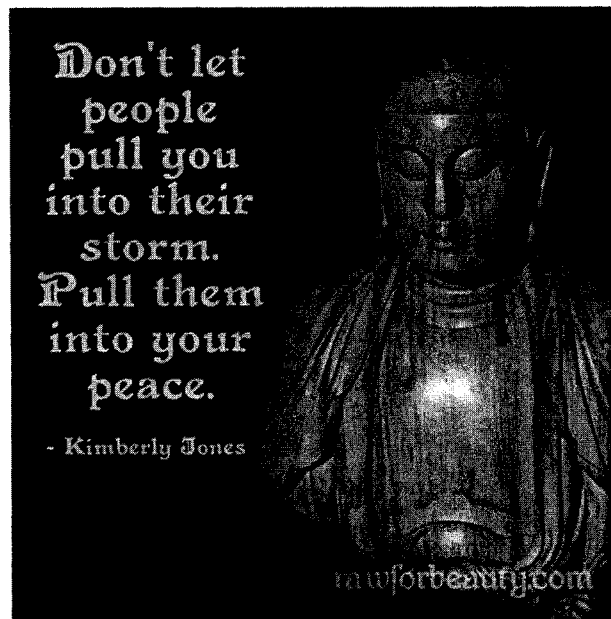
Social Norming

- What do you think?
 - Give workshops:
 - What does your climate say about violence?
 - Design Surveys:
 - Assess views on violence near you
 - Talk to witnesses to incidents:
 - Encourage discussion

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Everyone can make a difference

- A smile is contagious
- It does take a community to raise a child
- Be the voice
- Learn new skills
- Take time for yourself
- Be a good listener
- Lead by example
- Domestic violence is preventable

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AWARENESS MONTH**

Questions?

North Star BHS – CME Activity Course Evaluation Form

Date: 10/07/2014

Starting Time: 12:00pm

Location: North Star Behavioral Health - Anchorage

Topic: Domestic Violence: Let's Talk Prevention

Presenter(s): Jennifer Frysz, LCSW – Family Advocacy Outreach Manager, JBER, Alaska

At the conclusion of this activity, participants should be able to:	Not at All	Slightly	Moderately	Mostly	Completely
Recognize what domestic violence is and what efforts can be made in the prevention of domestic violence incidents.					
Employ measures to evaluate and treat the impact of domestic violence early on as demonstrated by early screening, and locate resources linking to agencies that work with victims and illustrate the impact everyone around them can make.					
Be prepared to implement regular screening and modeling of healthy relationships, recognize risk factors to reduce violence in the community, and distinguish that doing something directly or indirectly makes a difference.					

Was the presentation commercially biased in any manner? Yes ☐ No ☐

Based on this activity, what will you do differently in your practice? _____

Topics of Interest for future Seminars: _____

Printed Name of CME participant: _____ Physician Yes ☐ No ☐

Signature of CME participant: _____

Agency/Organization: _____

Email: _____

Are you on our email distribution list? Yes ☐ No ☐

If not – do you wish to be added for future CME events? Yes ☐ No ☐