



## What to bring for admission at North Star Hospital

### Required

- 1 coat
- 1 pair of gym/outdoor shoes
- **Rare home medications**- not usually accessible at local pharmacies

### Optional if desired

- 1 pillow
- 1 small blanket
- 1 stuffed animal with no plastic pieces or zipper
- 1 journal with no metal & plastic and/or a religious book
- 1 pair of snow boots (if applicable by season)

**Please bring only the items listed above. If your child arrives with additional items, staff will request that the items be returned home with the escort. Any items not listed above will be locked in an inaccessible storage area until the student's discharge.**

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### Items provided at admission:

- Pillow
- Blanket
- Clothing: pants, shirt, shorts, socks, sweater
- New undergarments
- Slides/sandals
- Meals
- Toothbrush/toothpaste
- Shampoo/conditioner/soap (to include sensitive skin products)
- Face wash
- Deodorant
- Lotion/Vaseline

During the admission process, once on the unit, you're clothing and personal belongings will be inventoried by a staff member, washed, and returned to you. We strongly encourage you, your parent/ or guardian to label your clothing prior to being admitted to the hospital.

Parents will be asked to complete a patient inventory sheet listing all items brought into the hospital. Staff may provide a marker so that clothing/ hygiene items may be labeled.



## Prohibited Items

To provide and maintain a safe and therapeutic environment, we recommend the following list of items **not** be brought into the hospital. All potentially dangerous items will be retained in a locked storage area, disposed of, or sent home to your parent's and/ or guardians.

The following list includes, but is not limited to, these items that are specifically prohibited at the North Star Hospital:

<p>Items with sharp edges or points</p> <ul style="list-style-type: none"> <li>• Knives of any type/ kind</li> <li>• Razors (any type of razor)</li> <li>• Tweezers, nail files</li> <li>• Needles</li> <li>• Craft Items (sewing pins, knitting, needles, etc.)</li> <li>• Scissors</li> </ul> <p>Alcohol of any form</p> <ul style="list-style-type: none"> <li>• Mouthwash</li> </ul> <p>Beepers/ Cellular Phones</p> <p>Spray Cans</p> <p>Tobacco Products</p> <p>Prescription/ Nonprescription medications, street drugs, and drug paraphernalia</p> <p>Belt</p> <p>Any laces or straps of any type:</p> <ul style="list-style-type: none"> <li>• Shoe Laces</li> <li>• Drawstrings in clothing</li> <li>• Scarves</li> <li>• Thread/ Dental Floss</li> <li>• Belts</li> <li>• Ties</li> </ul> <p>Metal or Plastic Combs/ Brushes</p>	<p>Glass or Glass window frames</p> <ul style="list-style-type: none"> <li>• Glass bottles; i.e. make-up, soda, soap, nail polish, etc.</li> <li>• Glass vases</li> <li>• Glass plates or cups</li> <li>• Mirrors; any type</li> </ul> <p>Jewelry of any variety or size</p> <p>Flammable/ Volatile Containers</p> <p>Guns/ Protective Devices</p> <p>Matches or Lighters</p> <p>Baseball Caps</p> <p>Small Appliances with Cords</p> <p>Any and All Electronics</p> <ul style="list-style-type: none"> <li>• Radios</li> <li>• CD Players</li> <li>• Ear Phones</li> <li>• Electric Razors</li> <li>• Cameras</li> </ul> <p>Any type of Plastic Containers</p> <ul style="list-style-type: none"> <li>• Plastic CD cases</li> <li>• Bottles</li> </ul>
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